



FERGANA MEDICAL INSTITUTE OF PUBLIC HEALTH

Fergana, Uzbekistan



Uzbekistan, a landlocked nation nestled in the heart of Central Asia, is bordered by Kazakhstan, Kyrgyzstan, Tajikistan, Turkmenistan and Afghanistan. Its capital, Tashkent, serves as both the political and cultural epicenter of the country. Among Central Asian nations, Uzbekistan is considered as one of the most secure and safest country, with a low crime rate and growing attractiveness for tourism and investment. Uzbekistan boasts a diverse landscape, ranging from vast, windswept deserts to rugged mountains near Tajikistan, with the once-thriving Aral Sea marking the western edge of its arid expanse.

The country operates under an authoritarian presidential republic, where the president holds considerable power, and the political system exhibits limited checks on executive authority. While the economy is primarily state-controlled, it has begun to incorporate a growing mix of public and private sector participation. The official language is Uzbek, spoken by 74.3% of the population, followed by Russian (14.2%) and Tajik (4.4%).

Uzbekistan's climate is marked by extreme seasonal variations. Summers can be blistering, with temperatures soaring to 40°C, while winter brings harsh cold, often plunging to -5°C. Precipitation is scarce, with the Tashkent region receiving around 800mm annually, contrasting sharply with the northwest, where rainfall is a mere 100mm. The country time is 30 minutes behind that of India.

With a population of 36.8 million (2024), Uzbekistan stands as a country of both historical significance and modern-day transformation, steadily forging its path toward development and global integration.







ergana, the capital of Uzbekistan's Fergana Region, lies in the eastern part of the country, 320 km east of Tashkent, 75 km west of Andijan, and 20 km from the Kyrgyzstan border. With a population of 3.22 lakhs (2024), the city is situated at an elevation of 590 meters and spans an area of 130.8 km². The region enjoys a warm climate with temperatures around 28°C, moderate winds from the west at 18 km/h, and a humidity level of 24%.

The Fergana region is connected by three main townships: Margilan, Namangan, and Fergana city itself. Namangan, with a population of 696,500 (2024) and Margilan, home to



around 253,500 (2024) people, are both vital urban centers in the region. However, neither of these towns has a medical college, and as a result, residents rely heavily on the Fergana Medical Institute of Public Health for healthcare education.

The distance from Namangan to Fergana is 84 kilometers, while Fergana is 16 kilometers from Margilan, making travel between these towns essential for access to medical services and education.

In terms of education, Fergana boasts a robust infrastructure with 946 secondary schools, 1,870 preschool institutions, and 20 libraries. The region is also home to five prominent higher education institutions, including Fergana Medical Institute of Public Health, Fergana Polytechnic Institute, and Tashkent University of Information Technologies' Fergana branch, supporting the development of future generations in various fields of study.

Sports have flourished in recent years as well, with the number of stadiums rising from just 17 in 1991 to 46 today. The region also boasts 759 football fields, 33 modern tennis courts, and regularly hosts major events, such as the final stage of the Universiade–2016, which took place in Fergana. With its deep historical roots, vibrant culture, and thriving industries, Fergana continues to play a pivotal role in the development of Uzbekistan and Central Asia.



FERGANA MEDICAL INSTITUTE OF PUBLIC HEALTH

INTRODUCTION

Shaping the Future of Healthcare

Since its establishment in 1992, the Fergana Medical Institute of Public Health (FMIPH) has stood as a beacon of excellence in medical education. Located in the heart of Fergana City, Uzbekistan, the institute is an integral part of Fergana State University and offers a diverse range of medical programs designed to nurture future leaders in healthcare.

FMIPH offers an array of specialized courses in fields such as General Medicine, Medical and Pedagogical Sciences, Medical and Preventive Health, and Higher Medical Care. Each program is meticulously designed to provide students with a comprehensive foundation in medical theory while ensuring ample opportunities for hands-on, clinical practice. By providing a well-rounded medical

education, FMIPH ensures its graduates are equipped with the essential knowledge and skills required to excel in the ever-evolving field of healthcare, fostering a deep under standing of both patient care and medical science.

Accredited by the World Health Organization (WHO), the Fergana Medical Institute of Public Health (FMIPH) meets the requirements established by the National Medical Commission (NMC) of India, ensuring globally recognized degrees. FMIPH is also accredited by the Educational Commission for Foreign Medical Graduates (ECFMG), the World Fed-





Our vision is to be a globally recognized premier medical institution, dedicated to educational excellence and the development of future leaders who will serve both Uzbekistan and the world. We aspire to provide a comprehensive approach to training, seamlessly blending theoretical knowledge with practical expertise, ensuring our graduates are well-equipped to meet the challenges of modern healthcare with skill, compassion, and innovation.

INSTITUTIONAL GOALS

Our primary goal is to cultivate each student's ability to thrive in the dynamic medical field by offering a high-quality, industry-endorsed curriculum. We aim to expand career opportunities through strong collaborations and partnerships with leading multinational corporations (MNCs). Additionally, we are committed to developing a world-class medical training program that seamlessly integrates corporate exposure with academic excellence.



professional careers and navigate the complexities of life.

Our commitment extends to developing visionary leaders

and entrepreneurs who will become invaluable assets not

only to their communities and stakeholders but to society

as a whole.

ABOUT RECTOR



Dr. Sidikov Akmal Abdikakharovich, born on June 20, 1987, in Uzbekistan, is a renowned expert in dermatology, dermato -oncology, and dermatopathology. A graduate of St. Petersburg State Medical University (2009), he holds a Doctor of Medical Sciences (DSc)degree. Dr. Sidikov has trained at leading institutions, including the University of Edinburgh, University of Bonn, and Charité University Clinic, furthering his expertise in dermatology and dermatopathology. A full member of the European Academy of Dermatology and Venereology since 2012, he has authored over 80 scientific papers, contributed to five monographs, and holds six inventions. His accolades include the 2014 Award for Young Scientists, the 2018 Presidential Award nomination, and the 2019 Michael Hornstein Award. In 2020, he was honored with Uzbekistan's prestigious "Mehr Sakhovat" badge for his exceptional contributions to medical science and dermatology.

LOCATION OF FMIPH

The Fergana Medical Institute of Public Health (FMIPH) is strategically located in Fergana City, the administrative heart of Fergana Region in eastern Uzbekistan. Accessibility to the institute is convenient for both domestic and international travelers. For those coming from Kerala, there are multiple flight options, including connections through Delhi or Sharjah/Dubai. Flight times are approximately 3 hours 20 minutes from Kerala to Delhi, and same as of Delhi to Tashkent, 4 hours 30 minutes from Kerala to Sharjah/Dubai, and 3 hours 20 minutes from Sharjah/

Dubai to Tashkent. Direct flights are also available from Dubai to Fergana, offering a seamless travel route. Fergana International Airport, located just 5 km from the institute, is the nearest airport, providing easy access for international students. Additionally, Margilan Railway Station, situated 18 km away, offers another travel option. The institute is only 7 km from the city center, making it well-connected by local transport. This prime location ensures FMIPH is easily accessible, enhancing the experience for both students and professionals.



MBBS STUDY IN UZBEKISTAN

For Indian students aspiring to pursue an MBBS degree, the National Eligibility Entrance Test (NEET UG) is the crucial first step toward entering the medical profession. However, with the increasing competition and the high cost of studying MBBS in both Indian private and government colleges, many students are now looking to international destinations for more affordable options. Among these, Uzbekistan has emerged as one of the most attractive choices, offering quality education at a fraction of the cost compared to many other countries. The country boasts a total of 28 medical colleges, comprising 15 government/public institutions and 13 private colleges, providing students with a range of

options. Among these, the Fergana Medical Institute of Public Health (FMIPH) stands out as a leading institution, attracting students with its high academic standards and international recognition. With its modern infrastructure, experienced faculty, and globally recognized curriculum, FMIPH has become a top destination for Indian students pursuing their MBBS degree abroad.

At FMIPH, students benefit from world-class education delivered by experienced faculty members from developed countries. The university is known for its commitment to academic excellence, ensuring that Indian students receive a high-quality medical education. The university also fosters an inclusive environment by celebrating all major festivals, allowing students from various religious backgrounds to feel at home. Additionally, FMIPH regularly organizes cultural and technical fes platform for students to engage



with peers from different nationalities and broaden their horizons.

The university's state-of-the-art infrastructure and modern facilities ensure a comfortable and conducive learning environment. The country itself is known for its welcoming attitude towards foreigners, and Indian students are particularly appreciated for their contributions to the campus community. Students have the opportunity to immerse themselves in the local culture, exploring Uzbekistan's rich traditions while staying focused on their medical studies.

In summary, Uzbekistan, and particularly Fergana Medical Institute of Public Health, offers Indian students a perfect blend of affordable education, cultural immersion, and a supportive, diverse environment, making it an ideal destination for pursuing an MBBS degree abroad.

WHY CHOOSE FERGANA MEDICAL INSTITUTE OF PUBLIC HEALTH?

The Fergana Medical Institute of Public Health (FMIPH) offers an exceptional platform for those seeking to make meaningful contributions to public health and medical sciences. With its distinguished reputation and holistic approach to education, the institution stands as a beacon for future healthcare leaders. Below are the key reasons why FMIPH is an ideal choice for students committed to excellence in public health:



FACULTIES

The Fergana Medical Institute of Public Health (FMIPH) features a distinguished faculty that blends local expertise with international experience. Among them is Dr. Rohith Krishnan, a Malayalee from the anatomy department, bring valuable knowledge from top Indian institutions. Dr. Krishnan's interactive teaching style and research on health equity enrich the academic environment. With both Indian and Uzbek faculty, FMIPH provides a well-rounded education that combines local healthcare insights with global perspectives, preparing students to tackle healthcare challenges worldwide.



HOSTEL FACILITIES

FMIPH offers a comfortable, homely hostel experience for both male and female students, with a total capacity of 750 beds. The hostel features single, twin-sharing or four-sharing rooms, each equipped with beds, study tables, and storage. Amenities include Wi-Fi, an Indian-style mess with authentic ingredients, an in-house cafeteria, air-conditioned lounge, digital TV with cable, and access to newspapers and magazines. Designed to cater to international students, the hostel provides a warm, familiar environment that allows-students to focus on their studies while feeling at home.

LECTURE HALLS AND CLASSROOMS

The lecture halls and classrooms at FMIPH are thoughtfully designed with both architectural elegance and functional comfort. These spaces are well-ventilated and aesthetically pleasing, creating an ideal atmosphere for learning. The ergonomically designed furniture ensures that students can focus on their studies in comfort. In addition to traditional blackboards, modern multimedia overhead projectors and LCD projectors are employed to facilitate interactive and multidimensional learning. Faculty members employ a variety of teaching methods, including group discussions, quizzes, debates, and other learnercentered modules to enhance engagement. The use of audiovisual aids further enriches the teaching process, ensuring a dynamic and engaging learning experience.

STUDENT-STAFF RATIO

FMIPH maintains a favorable student-to-staff ratio, ensuring personalized attention and effective learning, with a maximum of 12 to 15 students per teacher. The ratio is designed to ensure that students receive ample mentorship, guidance, and support from faculty and medical staff, fostering a productive and interactive educational environment.



LIBRARY

The FMIPH library stands as one of the premier reference and information centers for medical sciences in Uzbekistan. It houses an extensive collection of books, bound journals, theses, and online journals, all covering a wide range of medical disciplines. The library is supported by a spacious, well-ventilated reading room, providing a quiet and conducive environment for study and research. As the primary learning resource center for students, the library is equipped with cutting-edge resources, enabling students to stay abreast of the latest research and developments in the field of medical sciences.







LABORATORIES

FMIPH boasts state-of-the-art, air-conditioned laboratories equipped with advanced medical technology to support clinical experiments and practical learning. Featuring virtual patients and manikins, students can practice critical skills like CPR, injections, catheterization, and suturing in a controlled environment. The Simulation Center is a key highlight, offering a high-tech platform with advanced simulators that replicate real-life medical scenarios, including emergency care, diagnostics, and surgery. This facility enhances clinical decision-making, teamwork, and problem-solving skills, preparing students with the confidence and competence needed for real-world healthcare challenges.

The FMIPH campus boasts a spacious, air-conditioned auditorium that serves as the focal point for both academic and social activities. With a seating capacity of over 2,000, this state-of-the-art venue is equipped with the latest technology to host a variety of events, including academic conferences, seminars, and cultural programs. Designed for both comfort and functionality, the auditorium features comfortable seating, large LCD screens for presentations, high-quality LCD projectors, advanced sound systems for crystal-clear audio, and Wi-Fi connectivity to support digital interactions. This versatile space fosters an

ideal environment for academic discussions and social engagements, enriching the dynamic campus life at FMIPH.







HOSPITAL

FMIPH is affiliated with its own 3,530-bed hospital, providing students with hands-on clinical experience. The hospital is equipped with modern medical facilities, offering a wide range of healthcare services to the community. It serves as a key learning environment for students to apply theoretical knowledge in real-world medical scenarios.







INDIAN EMBASSY PROGRAMS

The Indian Embassy in Tashkent conducts 75% of its programs at the Fergana Medical Institute of Public Health (FMIPH), making the institute a key hub for cultural, educational, and diplomatic activities. These programs include academic collaborations, cultural exchanges, and various initiatives that foster stronger ties between India and Uzbekistan. The presence of such programs at FMIPH not only enriches the students' learning experience but also provides them with valuable exposure to Indian culture, diplomacy, and international relations, creating a vibrant and globally connected campus environment



CULTURAL AND SOCIAL EVENTS

FMIPH actively encourages students to participate in cultural events such as festivals, talent shows, and theatrical performances. These occasions provide a platform for students to showcase their talents in music, dance, and drama while promoting cross-cultural exchange within the diverse international student body.





SPORTS AND PHYSICAL FITNESS

Recognizing the importance of physical well-being, FMIPH promotes sports as a means of stress relief and teamwork. The institute organizes inter-college competitions in football, basketball, volleyball, and track and field, complemented by well-equipped sports facilities that inspire students to maintain fitness and engage in regional sports tournaments.





CLUBS AND SOCIETIES

FMIPH hosts a variety of clubs and societies, catering to a range of interests, including debate, literature, and public health. These platforms provide students opportunities for discussions, workshops, and health awareness campaigns, while nurturing leadership, public speaking, organizational skills, and community service.

COMMUNITY OUTREACH AND VOLUNTEERING

Emphasizing social responsibility, FMIPH encourages students to engage in community outreach programs such as health camps, blood donation drives, and public health awareness initiatives. These programs allow students to apply their academic knowledge to real-world challenges, making a meaningful impact on the local community.





COURSE, ELIGIBILITY

The Fergana Medical Institute of Public Health (FMIPH) in Uzbekistan offers various programs in public health and healthcare-related fields. However, as of the latest information available, FMIPH primarily focuses on public health education, healthcare management, and other health sciences rather than offering a traditional MBBS (Bachelor of Medicine, Bachelor of Surgery) program. In Uzbekistan, the MBBS program is referred to as the MD General Physician course, which is equivalent to the MBBS degree in India. To be eligible, applicants must have completed their secondary school education (12th grade) or an equivalent qualification with a focus on science subjects (Biology, Physics, and Chemistry), with a minimum of 60% in these subjects. Students must be at least 17 years old at the time of admission, with no upper age limit. Admission also requires passing an entrance exam that evaluates knowledge in Biology, Chemistry, and General Knowledge. For international students, the course is offered in English.

1.MBBS Course Details and Structure

The MBBS course at Fergana Medical Institute of Public Health (FMIPH) spans 6 years, with the first 5 years focused on foundational medical knowledge and clinical training, and the final year dedicated to internships and practical experience.

FIRST YEAR

• ANATOMY:

Structure and function of the human body, with an emphasis on systems like skeletal, muscular, circulatory, and nervous systems.

• PHYSIOLOGY:

Study of normal bodily functions, including respiration, circulation, digestion, and homeostasis.

• BIOCHEMISTRY:

The chemistry of living organisms, including metabolism, enzymes, and molecular genetics.

• HISTOLOGY:

Study of tissues under a microscope, focusing on cellular structures.

• **Medical Physics:** Principles of physics as they apply to medicine, such as radiation and imaging techniques.

SECOND YEAR

MICROBIOLOGY:

Introduction to microbiology, including bacteria, viruses, fungi, and parasites that cause diseases.

PATHOLOGY:

Basic principles of disease, including mechanisms, causes, and effects on the body.

PHARMACOLOGY:

Study of drugs, their effects on the body, and how they are used in medical treatments.

• IMMUNOLOGY:

The immune system, including its response to infections, autoimmune diseases, and vaccines.

• MEDICAL ETHICS:

Basic principles of ethics in medicine, patient care, and clinical practice.

THIRD YEAR

CLINICAL MEDICINE I:

Introduction to diagnosing and treating common diseases in internal medicine.

• SURGERY I:

Basics of surgical practice, wound care, aseptic techniques, and emergencycare.

• PEDIATRICS:

Study of childhood diseases, growth and development, and pediatric care.

• OBSTETRICS AND GYNECOLOGY:

Female reproductive health, pregnancy, childbirth, and women's health issues.

• PSYCHIATRY:

Mental health disorders, diagnosis, and treatment approaches.

• OPHTHALMOLOGY:

Basics of eye diseases, diagnosis, and treatment methods.

OTOLARYNGOLOGY (ENT):

Study of ear, nose, and throat diseases.

FOURTH YEAR

• INTERNAL MEDICINE II:

Advanced study in treating internal diseases, including cardiology, gastroenterology, nephrology, and more.

• SURGERY II:

Advanced surgical techniques and procedures, including

major surgeries and specialties.

NEUROLOGY:

Study of the nervous system, including common neurological diseases like stroke, epilepsy, and Parkinson's disease.

• ORTHOPEDICS:

Focus on musculoskeletal diseases and injuries.

DERMATOLOGY:

Diagnosis and treatment of skin diseases.

RADIOLOGY:

Use of medical imaging for diagnosing diseases (X-rays, MRIs, CT scans).

FIFTH YEAR

• CARDIOLOGY:

Study of the heart, cardiovascular diseases, and their treatments.

GASTROENTEROLOGY:

Study of digestive diseases, liver, pancreas, and intestines.

• ENDOCRINOLOGY:

Disorders of hormones and the endocrine system (e.g., diabetes, thyroid disorders).

UROLOGY:

Study of the urinary system and kidney diseases.

• EPIDEMIOLOGY AND PUBLIC HEALTH:

Understanding disease patterns, prevention strategies, and public health approaches to health promotion.

SIXTH YEAR

• INTERNSHIP:

The final year focuses on clinical rotations in hospitals, clinics, and other healthcare facilities. Students are required to work under the supervision of experienced doctors, practicing clinical skills, diagnostics, and treatment.

• DISSERTATION/RESEARCH:

Students may be required to submit a final research project or dissertation related to medical practice.



2. Fee Structure

The annual fee for the MBBS course at Fergana Medical Institute of Public Health (FMIPH) is \$3,500 per year, with additional costs such as food, accommodation, visa, government registration, and medical insurance.

3. Career Opportunities after MBBS

Upon completion of the MBBS program, graduates can pursue a wide range of career options:

• CLINICAL PRACTICE:

As a doctor in hospitals, clinics, or private practice.

• PUBLIC HEALTH:

Working in health agencies, disease control, and health policy.

• SPECIALIZATION:

Pursuing postgraduate specialization in fields like surgery, cardiology, pediatrics, dermatology, etc.

• MEDICAL RESEARCH:

Engaging in research and innovation in healthcare, disease prevention, and medical technology.

HOSPITALS LIST

1	FERGANA CITY HOSPITAL	380
2	HOSPITAL 1	225
3	HOSPITAL 2	140
4	FERGANA CITY CHILDREN HOSPITAL	120
5	FERGANA BRANCH REPUBLICAN EMERGENCY CENTER AND HOSPITAL	355
6	FERGANA CITY MULTIFUNCTIONAL HOSPITAL	365
7	FERGANA REGION MULTIFUNCTIONAL HOSPITAL	355
8	UROLOGY HOSPITAL	60
9	PERINATAL HOSPITAL	220
10	DISABLES REHABILITATION HOSPITAL	50
11	FERGANA BRANCH REPUBLICAN ONCOLOGY HOSPITAL	100
12	DERMATOLOGY #1 HOSPITAL	50
13	TUBERCULOSIS #1 HOSPITAL	300
14	DRUGS AND NARCOTICS TREATMENT HOSPITAL	110
15	INFECTION DISEASES HOSPITAL	140
16	EYE DISEASES HOSPITAL	100
17	DENTAL CENTER	30
18	TRAUMA AND ORTHOPEDIC HOSPITAL	60
19	PSYCHOLOGY HOSPITAL	370
	TOTAL	3530

APPLICATION PROCEDURE & DOCUMENTS

1. Application Submission

2. Submission of Documents

Passport

Passport-sized photographs

NEET Score Card

Plus Two Certificate

3. Admission Letter

4. Loan Letter (Education Loan needed students only)

5. Invitation Letter

6. Documents Apostille

7. Visa Application





THINGS TO CARRY

1. STUDY MATERIAL

- Anatomy Text Book : BD Chaurasia- 1st time 2nd volume
- Anatomy Atlas : Frank H Netter
- Histology: Inderbir Singh
- Lap Top, Books, Pen, Pencil, Sharpener, Eraser, Pencil Box

2. TOILETRIES

Cream, Comb, Hair Oil, Tooth Brush, Tooth Paste, Soap & Hand Wash. Please carry only for initial one or two month (the cost of toiletries almost same as India)

3. CLOTHES

Jeans, Shirts, Warm Socks, Thermal Wear, 2 Doctors Apron (full sleeve), 2 Traditional Dress, Warm Hand Glow, Bedsheet.

4. UNIFORMS

White Shirt, Black Pant, Black Tie, Formal Black Shoe

5. SHOES

A pair of sports shoes, A pair of formal shoes, Slippers.

6. SPECTACLES

Those who wear spectacles please carry minimum 3 spectacles with you

7. EATABLES

Though Indian mess available in hostel. If you are self-cooking, carry needed things.

8. LUGGAGE

Luggage policy depends on the flight operator Air Arabia/Air Astana : 30 kg + 7 kg hand bag Uzbak Airlines : 23 kg + 7 kg hand bag

9. MEDICINE

Take minimum 10 number of tablets mentioned below Moxclav 625mg, Paracetamol 650mg, Emeset 4mg, Pantop 40mg, Ketanov, Darolac, Syp Ascoril, Syp Loose

10. EU PIN CHARGER ADAPTOR



















Studying at FMIPH has been an enriching experience with excellent facilities and supportive faculty. Dr. Rohith Krishnan, from Kerala, has been a major inspiration with his practical insights into public health. The diverse cultural environment has also allowed me to make friends from around the world, enhancing my overall experience.

MEGHA 2nd Year Student





FMIPH has felt like home, offering a strong sense of community among Indian students and a connection to our culture, especially through the Indian mess. Academically, the exposure to global health challenges and top-tier practical training has given me a solid foundation for a career in public health.

CHANDINI BOSE 2nd Year Student





FMIPH has been an amazing journey. As a student from Kerala, I was initially concerned about adapting to life in Uzbekistan, but the welcoming campus community made the transition easy. Faculty, especially Dr. Rohith Krishnan, have added a personal touch to my learning. Extracurricular activities like sports and cultural exchanges have helped me build lasting friendships and network effectively.

SULFI NAVAS 3rd Year Student





As a student from Kerala, I was seeking a place that would feel like home, and FMIPH exceeded my expectations. The strong bond among Indian students and the connection to our culture, especially through the Indian mess, made the transition seamless. Academically, the global health insights and practical training have equipped me with the knowledge and skills needed for a successful career in public health."

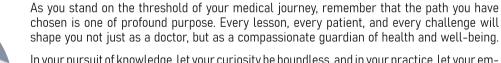
MOHAMED HIDASH 3rd Year Student





"FMIPH has truly felt like a second home for me, as an Indian student from Kerala. The sense of community here is remarkable, with opportunities to stay connected to our roots. The exposure to international public health issues and top-notch lab training has given me a solid foundation to build my future in the field of healthcare.





In your pursuit of knowledge, let your curiosity be boundless, and in your practice, let your empathy and dedication guide your hands and heart. Medicine is a noble calling, and with perseverance and integrity, you will not only master the science but also embody the art of healing.

May your journey be marked by wisdom, humility, and unwavering commitment to the service of others.

With my best wishes for your success,



Fergana Medical Institute of Public Health, Uzbekistan"





SCAN FOR MORE DETAILS







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